Clearwisdom Review

An Update on Falun Dafa Worldwide

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Two Older Practitioners Die Under Persecution

Ms. Chen Jinfen Dies in Hebei Province

Ms. Chen Jinfen, 68 years old, was a Falun Dafa practitioner living in Changli County, Hebei Province. On February 4, 2008, she was taken into custody by the Heru Township Police Station, simply because she practiced Falun Gong. The police ransacked her home and detained her in the Changli County Detention Center. On February 13, 2008, Ms. Chen felt pain in her leg and discomfort in her chest, and was very weak. Thus, she was released. However, the illness continued, and she died on March 24, 2008.

Ms. Sun Huaifeng Dies in Yunnan Province

Ms. Sun Huaifeng, 56, was a Falun Dafa practitioner living in Jinbi Town, Dayao County in Chuxiong Prefecture, Yunnan Province. She was a teacher at the Town Central School, but retired early due to illness. On September 2, 2004, the police arrested her because she practiced Falun Gong. She was detained in the Dayao County Detention Center. Her condition worsened in detention, and she was released on February 9, 2006, when she was dying. Ms. Sun never recovered, and she passed away on February 26, 2008.

Additional Information about Guo Hanpo

(Clearwisdom.net) Falun Gong practitioner Mr. Guo Hanpo was 56 years old and lived in Wangguantun Village, Nanchentun Township, Cangzhou City, Hebei Province. Early in the morning of April 5, 2008, Guo's family received a notice from Baoding Prison, saying that Guo was receiving emergency treatment. Prison officials told his family to come see him as soon as possible. The family rushed to the hospital, but Guo was already dead. Later, prison officials told them that Guo died on the way to the hospital. The two explanations were quite different.



When Guo's family inquired about the cause of death, the prison dodged the question and said that he died of a stroke. The prison did not allow the family to take the body back for burial in Cangzhou City. Instead, Guo's body was hastily cremated in Baoding City. Prison officials called the Cangzhou 610 Office and colluded with them to coerce Guo's family to accept their will. Guo Hanpo's mother, in her 80s, was waiting at home for her son to return. When the rest of the family returned with an urn filled with her son's

ashes, she fainted several times. She cried and shouted: "Give my son back! Let me die instead of him!"

In 2001, Guo Hanpo was arrested by Cangzhou police because he practiced Falun Dafa. He was held for more than one year before finally being illegally sentenced to 11 years in prison. He was detained in the Baoding Prison. Several years of torture forced his blood pressure up to 200. Under mental and physical torture, he became emaciated, losing his former strength and good health. Last year, his family members went to the prison to ask for his release. The prison did not release him until he died.

Introduction to Falun Dafa

Falun Dafa, also known as Falun Gong, is a practice for benefiting physical health and elevating the mind. Introduced by Mr. Li Hongzhi in China, the practice consists of five gentle exercises including meditation, and diligent effort on the part of practitioners to follow the universal principles of Truthfulness-Compassion-

Forbearance in daily life. Falun Gong is not only beneficial to one's own health and well-being, it also benefits others. Although the practice originated in China, today it is practiced throughout the world by people of all races and walks of life. In the face of the brutal and persecution perpetrated on them by the Chinese Communist Party, Falun Gong practitioners have found the spiritual strength to resist peacefully and tirelessly by upholding the principles Truthfulness-Compassion-Forbearance.



About Clearwisdom

Clearwisdom.net is the most authoritative source of information about the practice of Falun Gong and about the persecution of Falun Gong in China, reporting news and events timely happening inside China as well as from the more than 70 countries around the world where Falun Gong is practiced. Clearwisdom responsibly publishes experiences and understandings of practitioners themselves, who submit the majority of the articles.

Washington, D.C.: Practitioners Commemorate The Ninth Anniversary of April 25 Appeal

(Clearwisdom.net) At noon on April 25, 2008, Falun Gong practitioners gathered in front of the Chinese Embassy in Washington, D.C. to commemorate the ninth anniversary of the April 25 peaceful appeal, and the lives of thousands of fellow practitioners who have been tortured to death by Chinese Communist Party (CCP). They called for a stop to the CCP's nine-year persecution of Falun Gong.



Witness to History

Ms. Li participated in the historic Beijing April 25 appeal. She recalled, "Many people went to Beijing to appeal on that day. Everyone had heard that dozens of Falun Gong practitioners were arrested in Tianjin illegally. Thus they went to appeal spontaneously. Some went to Beijing by air. Some practitioners around me that day were from different provinces. We had benefited from the practice of Falun Gong and wished for the government to hear our voice."

Another Falun Gong practitioner, Mr. Zhang was also in Beijing in 1999. He said, "On April 25 nine years ago, every practitioner at the scene followed the principles of Truth-Compassion-Tolerance to explain the facts peacefully. Nine years have passed, and though the persecution is very brutal, Falun Gong practitioners have never changed their belief in Truth-Compassion-Tolerance. They also never changed their principle of peace and reason."

Practicing Falun Gong Let Me Say Goodbye to Insomnia

(Clearwisdom.net) When I came to the United States four years ago, I had difficulty adjusting to the new language and culture. I suffered from insomnia as a result of the added pressure from school and work. At its worst, I could only sleep four or five hours a week. On average, I got an hour of sleep per night. I became anxious every night when bed time came. I tried hard to sleep but could never fall asleep. This insomnia tormented me, and each day felt like a year. I went to many hospitals for treatment but to no avail. I took different sleeping pills and exercised more, but nothing worked. I almost lost the confidence to continue living.

My friends were concerned about me. They urged me to try Falun Gong. I had doubts at first, so I only did the exercises. My condition didn't improve after two weeks. Veteran practitioners, who cared a lot about me, told me to sincerely cultivate. They told me to genuinely try to understand "Truthfulness, Compassion, Forbearance," the characteristics of the universe. They urged me to read *Zhuan Falun* and other Dafa books more. So I watched the video recording of Master Li's lectures and read Dafa books online every day. In the morning I practiced the exercises at the practice site.

After six months of cultivation practice, I unreservedly said goodbye to insomnia. Now I sleep peacefully for about six hours every night. I stopped all the medications I was taking. Furthermore, my energy level and mood have all improved. I personally experienced the wonder of Falun Dafa and am determined to continue with my cultivation.